Healthy joints are essential for comfortable and effortless movement and proven nutritional ingredients are crucial to help protect and support joint health and maintain proper mobility, flexibility and function. **Cyactiv® Joint** provides essential nourishment to increase joint comfort and healthy physical activity for improved quality of life.

**Cyactiv® Joint** is a natural and innovative blend of clinically proven, standardized extracts specifically formulated to support and nourish healthy joints.

### FEATURES & BENEFITS

<table>
<thead>
<tr>
<th>FEATURES</th>
<th>BENEFITS</th>
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<tbody>
<tr>
<td>Cyactiv® Spirulina Extract</td>
<td>Reduces existing and future production of free radicals by modulating the inflammatory enzyme COX-2. Contains bioactive compounds for cellular protection and antioxidant support. Cyactiv was clinically tested and showed a significant increase in joint comfort at rest and during physical activity and was associated with an increase in daily activity levels.</td>
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<tr>
<td>NEM® Eggshell Membrane</td>
<td>Eggshell Membranes are a novel source for naturally occurring bioactive compounds such as glucosamine, chondroitin sulfate, hyaluronic acid, collagen type I and sulfur rich compounds. These compounds enter into the composition of the joints extracellular matrix to provide nourishment and increased protection. Eggshell Membrane was clinically tested and shown to improve flexibility and joint function, increase levels of physical activity and overall joint comfort.</td>
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<tr>
<td>CherryPURE® Tart Cherry Extract</td>
<td>Rich in phenolic compounds, notably anthocyanins and flavanoids, this powerful antioxidant is standardized to 2% proanthocyanidins and speeds the recovery process by preventing the symptoms of exercise-induced muscle fatigue and damage. Tart Cherry Extract was clinically tested to support physical performance in athletes by maintaining muscle strength, decreasing muscle soreness, recovery time and fatigue.</td>
</tr>
<tr>
<td>Boswellin® PS Boswellia serrata Extract</td>
<td>Boswellia serrata resin is rich in terpenoids and has been used for hundreds of years in Ayurvedic medicine for the treatment of joint conditions. The selected extract contains compounds that support healthy inflammation and is standardized to 35-50% of boswellic acids; compounds that modulate the activity of the inflammatory enzyme 5-LOX. In addition, the presence of polysaccharides increase the solubility and bioavailability of active compounds. Boswellia serrata was clinically tested and shown to reduce discomfort, stiffness and swelling and increase levels of physical activity.</td>
</tr>
</tbody>
</table>

### INGREDIENTS AND LABEL

**Cyactiv® Joint** is a natural and innovative blend of clinically proven, standardized extracts specifically formulated to support and nourish healthy joints. Healthy joints are essential for comfortable and effortless movement and proven nutritional ingredients are crucial to help protect and support joint health and maintain proper mobility, flexibility and function. **Cyactiv® Joint** provides essential nourishment to increase joint comfort and healthy physical activity for improved quality of life.

**Cyactiv® Joint** helps support cartilage and connective tissue elasticity and strength.*

**Cyactiv® Joint** helps improve flexibility and healthy joint function.*

**Cyactiv® Joint** helps decrease muscle soreness and muscle fatigue to support increased movement.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
**Q&As**

**What does Cyactiv® Joint do?**
Formulated to nourish and support cartilage, joints, muscles and connective tissue, Cyactiv® Joint provides optimal nutritional support to promote a healthy and active lifestyle.

**How does Cyactiv® Joint support joint health?**
- Helps support cartilage and connective tissue elasticity and strength*
- Helps improve flexibility and healthy joint function*
- Helps decrease muscle soreness and muscle fatigue to support increased movement*

**Can Cyactiv® Joint be consumed with other Cerule products and other nutrients?**
Yes, the Cerule products can be consumed together and were designed to enhance the beneficial effects of each other. We know of no known concerning interaction between Cerule products and other nutritional supplements.

**SUGGESTED USAGE**
To obtain the optimum benefit take 2 capsules 2 times daily with meals.

**FURTHER DETAILS**
No dairy, wheat, gluten, peanut, soy, or corn.
No artificial flavors or colors.
100% vegetarian and vegetarian capsules.
CONTAINS: Egg derived product.

Pregnancy and nursing are considered special conditions. We recommend that your attending doctor(s) be made aware of any and all supplements consumed during this time. At this time, we do not advise Cyactiv® Joint consumption during pregnancy.

If you have any health condition and/or are using any medication, then consult your attending doctor(s) be made aware of any and all supplements consumed during this time. At this time, we do not advise Cyactiv® Joint consumption during pregnancy.

**REFERENCES**

**Cyactiv®**
Antioxidant and anti-inflammatory properties of an aqueous cyanophyta extract derived from Arthrospira platensis: contribution to bioactivities by the non-phycocyanin aqueous fraction.
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4410834/

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https://www.dovepress.com/consumption-of-an-aqueous-cyanophyta-extract-derived-from-arthrospira-peer-reviewed-fulltext-article-NDS#

Clinical Safety of a High Dose of Phycocyanin-Enriched Aquous Extract from Arthrospira (Spirulina) platensis: Results from a Randomized, Double-Blind, Placebo-Controlled Study with a Focus on Anticoagulant Activity and Platelet Activation.
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4948198/

**Eggshell Membrane**
Eggshell Membrane in the treatment of pain and stiffness from osteoarthritis of the knee: a randomized, multicenter, double-blind, placebo-controlled clinical study.

Eggshell Membrane: A possible new natural therapeutic for joint and connective tissue disorders. Results from two open-label human clinical studies.

NEM® Brand Eggshell Membrane Effective in the Treatment of Pain Associated with Knee and Hip Osteoarthritis: Results from a Six Center, Open Label German Clinical Study.

**Tart Cherry Extract**
Efficacy of a tart cherry juice blend in preventing the symptoms of muscle damage.
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2579450/

Effects of powdered Montmorency tart cherry supplementation on acute endurance exercise performance in aerobically trained individuals.

Powdered tart cherry supplementation effectively reduces markers of catabolism and perceptions of muscle soreness following an acute bout of intense endurance exercise.
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4277624/

**Boswellia serrata Extract**
Efficacy and tolerability of Boswellia serrata Extract in treatment of osteoarthritis of knee—a randomized double blind placebo controlled trial.

A randomized, double blind, placebo controlled, cross over study to evaluate the analgesic activity of Boswellia serrata in healthy volunteers using mechanical pain model.
https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4178889/

Boswellia serrata Extract attenuates inflammatory mediators and oxidative stress in collagen induced arthritis.

**CYACTIV® JOINT. EFFICACIOUS, FULL-DOSE, CLINICALLY PROVEN INGREDIENTS**

Spirulina Extract
Eggshell Membrane
Tart Cherry Extract
Boswellia serrata Extract

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